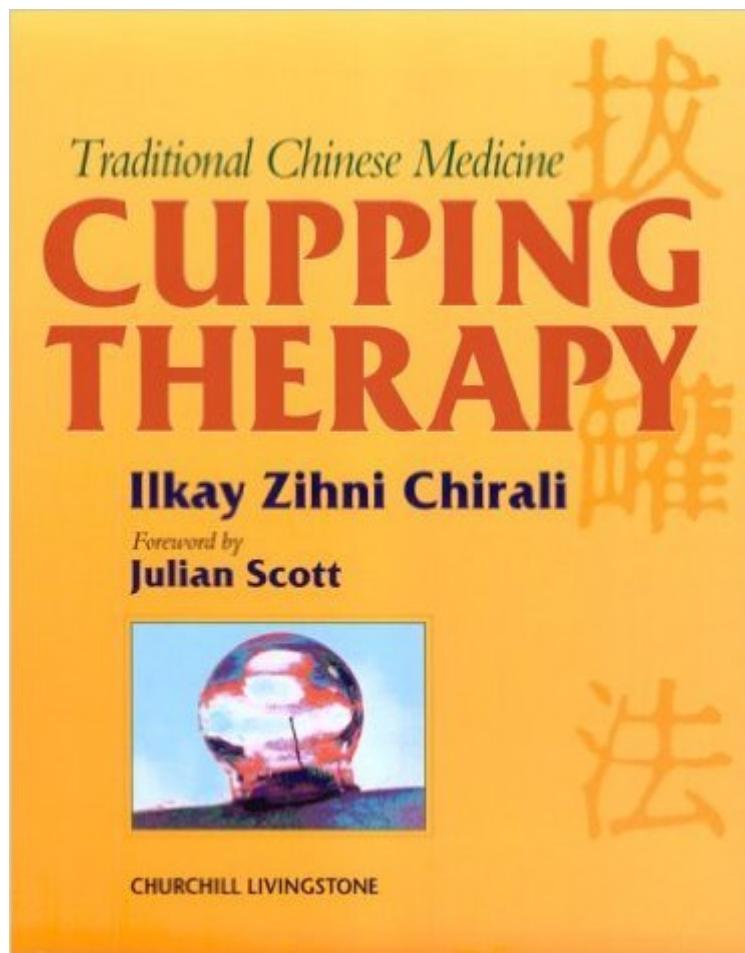


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# Traditional Chinese Medicine Cupping Therapy: A Practical Guide, 1e



## Synopsis

This unique reference explores all aspects of cupping-- an ancient, predominantly Eastern technique in which heated cups are applied to the body for beneficial healing effects. Guidelines are applied to the treatment of common medical conditions, with answers to readers' questions concerning safety and outcome. Each method is well illustrated, with differentiations between cupping practice on adults and children.

## Book Information

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## Customer Reviews

This book gives very good guidelines and clear, precise instructions that will broaden the scope of treatment of any inquisitive TCM practitioner and/or student. Ilkay Chirali does an excellent job in presenting interesting applications of the cups, many of which will be totally new for a lot of people. The book contains many clear pictures of cups, their different forms of application (ten methods of cupping, wow!), and also pictures that can help the practitioner explain to the patient the effects of the treatment. The section on treatment of specific conditions is very illustrative, and will be welcome by practitioners who are not afraid to try new things. There are, however, a couple of weak spots. I acknowledge the effort of Mr. Chirali in researching and providing information on the background of cupping, but I would have liked to see more of that from the Chinese side. Most of the information in the first chapter dwells on cupping in the west. This material, although interesting, may not entirely be within the scope of the book (not at such length, anyway, in my opinion), and there are no quotes from Chinese books and only very little historical information on the

development of cupping in the East. I would also have liked the author to discuss at length the Chinese theories on the workings of the cups, as well as to tie it in with the theories of Chinese physiology TCM students are more familiar with. There is a section on integrating cupping with other therapies, such as reflexology, aromatherapy, chiropractic, and so on. Although I agree that the benefits of cupping can very easily be extended to these other modalities of treatment, it also falls outside of the scope of a book entitled "Traditional Chinese Medicine Cupping Therapy".

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